

## THE LESOTHO PLANNED PARENTHOOD ASSOCIATION



**Our Vision:** A healthy and inclusive society where freedom of choice in Sexual, Reproductive Health and Rights, and equal opportunities are guaranteed for all.

**Our Mission:** To provide and enable quality SRHR information, education and services, and advocate for Sexual Rights and equitable access to services, especially for key populations, the underserved, young people, men and women through volunteers, trained and competent staff

### **Our values:**

Respect,  
Inclusiveness,  
Accountability,  
Volunteerism,  
Quality,  
Commitment

## **HISTORY BOOKLET (2018)**

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## **HOW IS LPPA ORGANISED?**

Lesotho Planned Parenthood Association is made up of both individuals and institution volunteer member. Membership is open to any individual who desires to promote the objects of the Association. Similar organisations which support the concept of family planning and responsible parenthood are eligible to join or become associate members.

Members are formed into regional branches which elect representatives to the Annual General Meeting of the National Council. The National Council in turn delegates policy making powers to the National Executives Committee whose members are elected by the National Council. The latter employs the Chief Executives who is responsible for the day-to-day running of the Association.

## **WHO PAYS FOR LPPA ACTIVITIES?**

Lesotho Planned Parenthood Association receives most of its funding from the International Planned Parenthood Federation (IPPF). The latter receives financial assistance from donor organisations as well as private individuals in both the developed and developing countries of the world.

THE association also receives financials support from donor agencies based in Lesotho. Some of LPPAs income comes from membership fees, and family planning services fees as well as fundraising activities.

## **HOW CAN YOU HELP LPPA?**

Lesotho Planned Parenthood Association needs your help in order to become a strong and viable organisation. You can help by:

- becoming a fee paying member
- contributing financial and materially
- promoting the efforts of LPPA
- offering your professional services free at clinics, courses organised by LPPA and to your community
- participating actively in the management and running of LPPA

## **WHAT ARE LPPA MEMBERSHIP FEES**

The Association has the following membership fee structure:

- ordinary membership at M10.00
- life membership at M500.00
- associate membership at M1000.00

## **EVENTS IN THE LPPA HISTORY**

**1967** -Lesotho Family Planning Association was founded. Factors that necessitated its establishment were wide prevalence of malnutrition as observed in clinics, hospitals and homes and secondly the ill health of mothers as well as maternal deaths attributed to; Too early, Too many, Too late and Too frequent pregnancies

-The first Committee which founded the Association and drafted the first Constitution was as follows:

Chairman	Mr.B.M.Mokoteli
Vice Chairman	Dr..R.M.Ntsekhe
Secretary	W.Robinson
Treasurer	P.Robinson
Members	Dr.Weir

-Mrs Sophia Mamakoae Taoana was both the founder and the first Field Educator and worked closely with Mrs.P. Robinson who was most instrumental in pioneering family planning services in Lesotho. She was joined in 1968 by MRS. Mary

**1968** -The association was registered as number 68/3

-The major objectives of the Association in 1968 were;

-To provide a family planning services which takes into account religious and moral views of the people concerned so that they may avail themselves for services in accordance with their own personal convictions and promote greater human happiness through family stability for all people.

-To advocate and promote the establishment of family planning centres at which welfare services, home economics education, with special emphasis on nutrition, maternal and child health care will be given.

**1970** -LPPA was suspended and family planning activities were transferred to Morija Scott Hospital. In 1971 the ban on LPPA was lifted and the Association gained strength and grew visibly.

**1973** -The first Executive Secretary was appointed. His name was Mr Ben T Pekeche who later worked for International Planned Parenthood Federation as a Programme Coordinator to a number of Family Planning Association in Africa Region.

**1974** -The Northern, Southern and Qacha's Nek Branches were formed.

-LPPA was accepted as a full member of Planned Parenthood Federation and this qualified the Association for full funding.

-A conference on Population and Development was organised by the government of Lesotho. LPPA was accorded the recognition it deserved for its part in population issues.

**1978** -LPPA celebrated its 10<sup>th</sup> Anniversary.

**1979** -National conference on Population Management as a factor in Development including family planning.

**1984** -LPPA introduced Community Based Distribution Management as a factor in Development including family planning.

**1985** -LPPA initiated a programme to address men with family planning information and services.

**1985** -The Association introduced Family Life Education to address problems of youth in relation to human sexuality.

**1988** -LPPA celebrated its 20<sup>th</sup> Anniversary.

**1992** -The IPPF Africa Region Executive Committee and Financial Committee hosted their meetings in Maseru.

**1994** -The government of Lesotho approved the first National Population Policy. LPPA subsequently began for the first time to receive financial support from the Government to implement population/family planning services. Following the International Conference on Population and Development (ICPD) of 1994, the Association transformed its mandate from a linear role of family planning services to an integrated sexual and reproductive health programme aimed not only at women in child-bearing age, but at all women, men, youth, children and disadvantaged groups. The Association has also joined forces with other stakeholders to fight the AIDS pandemic.

**1998** -LPPA completed its first Strategic Plan 1999-2003