

# THE LESOTHO PLANNED PARENTHOOD ASSOCIATION



## Annual Report 2019



## **Acknowledgements:**

Acknowledgements are especially directed to the Ministry of Health for continuing to support the MA with SRH and HIV commodities which made it possible to serve clients in the MA static clinics and outreaches. IPPF continued to provide the core grant and technical assistance support to LPPA for both programme and operations. The TA was necessary for improving the performance of the MA in service delivery of which seed funds were provided to facilitate implementation of workplans developed during training. The MA acknowledges the support of UNESCO for playing a key and visible role in the national advocacy forums aimed at dialogue creation among young people and key youth stakeholders.

## **Introduction**

The reporting period marked the second and final year of She Decides Project which will effectively come to an end by January 2020. This is a Belgium funded project that closed the gap caused by the withdrawal of PSI funds following the Mexico City Policy. The status of affairs has left the MA with only 4 donors (namely the Ministry of Health, EGPAF, Jhpiego and Amplify Change while negotiations would continue to retain Implementation Partner status with UNFPA for the following year. Jhpiego changed the agreement status from an implementing partner to relegating the MA to being a private provider that basically provides VMMC services at a remuneration of M500 to LPPA for each VMMC undertaken. Overall, the MA implemented a total of 9 projects and two short term projects on ACI and QIPES under the four OUTCOMES of IPPF.

## Councils in Mokhotlong and Quthing.

### OUTCOME 1:

#### **SRHR advocacy among Legislators and Community Leaders**

##### **Specific objectives:**

- To increase involvement of 40 Councillors and chiefs in realization of SRHR in 2019.
- To influence increased level of funding for SRHR and CSE activities in 2019.

5 Parliamentarians, who participated in the National Dialogue pledged their support to advocate for SRHR and CSE in the country, these included the Chairperson of the Social Cluster Portfolio Committee of the National Parliament. In addition, 4 platforms for Community Councillors were secured where 98 Community Councillors were engaged and pledged their support to ending gender discrimination and promoting gender equality. Community Councillors and Area Chiefs were also engaged to identify and create safe spaces for young people to access SRH services in their different Community Councils. The number comprised of 29 Community Councillors from Seate, 21 in Makhoalipana, 26 from Telle and 22 from Ketane Community Councils.

##### **Main Achievements:**

- **SRHR received great support from Community Councillors and District Administrators in districts where 'She Decides' and PUSH Projects were being implemented.**
- **The MA has been able to build strong and healthy relations with communities in Quthing and Mokhotlong.**
- **The MA was able to build healthy network relations with other different stakeholders, including Parliamentarians, during dialogues under #BecauseWeCan Project.**
- **These came as a result of good collaboration with two Community**



*Herd boys given protective clothing during a launch of 'E seng ka Lebitso Laka'; a campaign to end GBV in the Communities*

### OUTCOME 1:

#### **#BecauseWeCan Project**

##### **Specific objectives:**

- To increase the number of CSOs advocating for domestication and implementation of SRHR and CSE policies around youth rights in Lesotho.
- To enhance Decision Makers accountability in domesticating and implementing Continental Policies and Norms in promoting young people's SRHR in Lesotho.

Induction meetings were held for stakeholders in the two districts of Botha-Bothe and Quthing to introduce the project and its advocacy direction towards ensuring that CSE and SRHR for young people are effectively implemented. Stakeholders were composed of Senior Officials from Different Government Ministries, Religious Institutions, Learners, Teachers and Parents.

Three dialogues then followed induction meetings. They were held in three districts of Quthing, Botha-Bothe, and a National Dialogue was held in Maseru. Stakeholders discussed challenges, successes and

opportunities existing in the country in relation to implementation of ESA Commitment and Maputo Plan of Action.

MA Staff and Committees were further given orientation meeting on the project.

**Main Achievements:**

- **A National document with an action plan that identifies key advocacy issues.**
- **Dialogues were able to bring different stakeholders together to discuss key issues to Young People and to map a way forward.**



*Learners from different schools during the National SRHR dialogue*

**OUTCOME 2**

***Adolescents Involvement in CSE for improved reproductive health***

**Specific objectives:**

- To increase the number of young people who are able to exercise their sexual rights upon completion of CSE in 2019.
- To increase the number of exposed target groups that have sufficient capacity to make informed decisions in 2019.

25,421 adolescents and young people were reached with partial, single and full sessions. 3, 445 were reached with single sessions by Peer Educators under She Decides Project

during the mobilisation activities. 3,123 adolescents and young people were reached with CSE sessions under UNFPA project. Further 18,853 were reached with partial CSE session through social media platform (Facebook). The office collaborated with the Ministry of Gender, Youth, Sport and Recreation in organising International Youth Day where 50 vulnerable young people were provided with dignity packages in Thaba-Tseka. Further 40 dignity packages were provided to students at Tsolo Primary School in Maseru.

57 herd-boys were provided with 5-day CSE sessions in Quthing and Mokhotlong districts. 30 were from Quthing while 27 came from Mokhotlong. A movement called 'Eseng Ka Lebitso La ka' was subsequently launched in Quthing with the presence of LPPA management and other district dignitaries. Follow-up meetings with Councillors in Tlokoeng were held to check on the progress of the formation clubs post the training. In addition, 244 key populations including FSWs and MSMs in both Quthing and Mokhotlong were reached with interpersonal sessions and roadshows meant for them.

**Main Achievements:**

- **The MA was able to reach 25,421 young people with partial, single and complete CSE training sessions including 92 adolescents that were reached through Parent-Child Communication sessions and 187 that received complete CSE training.**
- **Following Parent-Child Communication sessions that were held, some of the adolescents started to use family planning methods.**
- **LPPA has consistently been in the orientation programs of institutions of higher learning because the SRH information provided to new students helps them to cope with health challenges, and introduces many to services.**

- **PCC were effective in breaking the barrier between parents and children concerning SRHR issues.**



*A learner engaging parents during a Parent-Child Communication session*

### **OUTCOME 3**

#### ***Improved Access to quality integrated SRH services***

##### **Specific objectives:**

- To deliver 600 000 non-discriminatory rights-based and free integrated services to youth, women and men in 2019
- Increase and maintain Gender-based, rights based and sexuality approaches in SRH programme in 2019
- To enhance Quality of Care practice for services delivery among LPPA facilities in 2019

In the year 2019, 218 864 integrated services were provided to males, women and young people through static clinics and outreaches. Such included Family Planning services, ANC, EMTCT, Reproductive Health cancer screening, VMMC, treatment of STIs, HTS. 884, 620 people were reached with SRHR information.

A short assessment of the MA's potential to implement social enterprise was done.

6 MA clinics were assessed. MA received a training on QIPES. Action Plans were

developed and implemented through QIPES Seed Fund.

##### **Main Achievements:**

- **m-CMIS assessment was done successfully by IPPF TA mapping a way forward to migrating into e-CMIS, and three clinics were assessed.**
- **IPPF TA helped LPPA to successfully launch QIPES compliance system.**
- **Six Data Capturers were recruited, one for each clinic.**
- **Six tablets were provided to six clinics for easier QoC assessment.**
- **One MA staff member was trained in social enterprise (SE) late in 2019. SE business idea has been identified after the training and is to be presented to the NEC for approval**



*MA Staff during QIPES training*

### **OUTCOME 3**

#### ***SRHR and HIV integrated services at National Level (UNFPA Supported Project)***

##### **Specific objectives:**

- To expand non-discriminatory rights based and free integrated services to youth, women and men in

two districts of Mokhotlong and Quthing in 2019

## **Educators camping in their communities.**

1, 106 clients were reached with Family Planning and HIV Testing services in both Mokhotlong and Quthing.

1, 295 adolescents and young people were reached with CSE sessions.

57 herd-boys from Mokhotlong and Quthing were engaged in a 5-day CSE training. The manual used for training was adapted from Help Lesotho Training Modules and CSE for Out of School Young People in Eastern and Southern Africa. After the completion of the training in Quthing, **Eseng Ka Lebitso Laka** movement was launched at Mount Moorosi Community Council.

77 parents/ guardians and 92 adolescents were engaged in 5-day Parent-Child Communication sessions in both project's districts. LPPA used 'Our Talks' draft manual from UNESCO which stipulates that each adolescent group should be 20 participants.

A total of 541 people was reached with HIV prevention information and services including 244 Female Sex Workers and MSMs and 35 adolescents were reached with Family Planning and HIV Testing services in both Mokhotlong and Quthing.

### **Main Achievements:**

- **Condom distribution plan went well.**
- **Some parents who were engaged in Parent-Child Communication sessions encouraged their adolescents to initiate the use of contraceptives as a result of the accurate information they gained through the sessions.**
- **The camping sessions in hard-to reach areas enabled populations like herd-boys to access CSE sessions through trained Peer**



*Young people engaged in an activity during Peer Educators training under the support of UNFPA*

### **OUTCOME 3**

#### ***PUSH Project***

#### **Specific objectives:**

- To effectively and efficiently implement the project.
- To expand coverage of PITC to reach 100% of individuals at 5 service delivery points
- Strengthen a family centred approach through innovative family services that encourage family members to attend clinic as a unit

1354 FSW and 1356 MSM were mobilized to access HTS and other service. This was achieved through individual mobilization, community outreaches, community camps, campaigns and moonlight services.

LPPA in 3 project sites managed to initiate 143 HIV negative FSWs and 93 HIV negative MSMs. And 6 MSMs and 4 FSW on PrEP Current

The MA managed to screen total of KP clients for TB; 2361 FSW and 1953 MSMs, and 786 clients received TB preventive treatment.

### **Main Achievements:**

- 14 Peer Educators were trained as HTS Lay Counsellors, and that increased the number of HTS Service Providers.
- Provision and expanding of Moonlight Services to FSW at hot spots during their working hours increased the number of FSW accessing services.
- ART index client tracing is yielded positive results following MA training by LENASO.
- Establishment of three FSW Community ART Groups (CAGs) in Maseru ensured FSW's adherence to medication and suppression of viral load.
- The MA managed to get 44% positivity yield with index testing.
- The MA managed to reach the targets and was able to secure PY 4 funding.

Pic



*Young People queuing to access services during a PUSH Project outreach in Mohale's Hoek*

### OUTCOME 3

*Improved Sexual and Reproductive Health and Rights of the Poor and Vulnerable People, especially women and girls (She Decides Project)*

Specific objectives:

- To improve mechanisms for project sustainability in 2019

- To increase capacity of LPPA to provide and enable a full range of integrated SRH services and information, especially to underserved people, adolescent girls, women and youth in 6 districts in 2019.
- To assess the performance of the project in 2019
- To increase capacity of LPPA to hold Government accountable to SRH services and spending commitments in 2019

LPPA conducted 502 outreach visits in 50 outreach areas to provide integrated SRH services to vulnerable populations. 32,149 beneficiaries were reached with integrated SRH services including 183 clients who were reached by CBDs. 6 YAM members were identified and engaged at the MA clinics as receptionists to assist with Clients Data capturing.

The MA hosted a Donor meeting for all its Donors and potential Donors to sell its mandate. Again, in its AGM 2019, the MA invited Deputy Minister of Health who advocated for the SRHR of women and girls. The MA further hosted an Honourable Member of Parliament as one of its Panellists during its celebration of International Women's Day. Under #BecauseWeCan Project, the MA partnered with other Stakeholders to organise Advocacy Dialogues for youth inclusion rights in the country.

### Main Achievements:

- The MA was able to capacitate its Senior Staff and Volunteers in Advocacy and Governance.
- The project enabled the MA to provide services in hard-to-reach areas, which had been abandoned when PSI support was cut.
- Following the purchasing of a vehicle under this project, LPPA was able to provide services with ease.
- Capacity building of MA staff on CMIS under She Decides Project.



*YAM Members on Ltv urging their peers to access SRH services during MA outreaches under She Decides Project*

**OUTCOME 4**

***Enhancing accountability and improving program performance***

**Specific objectives:**

- To increase and sustain donor funding by M5, 000 000 in 2019
- To maintain governance standards and compliance with the MA constitution and IPPF principles in 2019
- To enhance the capacity of the MA to sustain its operations in 2019
- To maintain the working spirit in the workplace environment in 2019
- To enhance the image and operational effectiveness of the MA in 2019

LPPA has consistently maintained donor requirements and submitted reports to Donors as follows: 5<sup>th</sup> of every month for EGPAF and Jhpiego, 10<sup>th</sup> of the first quarter for UNFPA. And monthly VMMC statistics updates for Jhpiego. She Decides reports were submitted quarterly.

Following a training in Zambia, Governance Officer held orientation meetings for Volunteers and Staff. NEC, FAC and NPC, Branch Committees and 11 Senior Staff Members were oriented on the project and its strategies.

An external audit and three periodic stock tacking exercises were conducted for this period and other performance assessments from two Donors.

**Main Achievements:**

- **Consistent implementation of statutory meetings and unqualified audit report**



*Deputy Minister of Health addressing MA Delegates during the AGM 2019*